

Lessons from Recovery for Navigating a New World

Tuesday, June 22

7:00 pm EDT / 4:00 pm PDT

Via Zoom

Though we may not realize it, tools and principles for addiction recovery have helped many of us get through the last year of challenges and will be an important foundation moving forward. From taking life one day at a time to letting go of expectations to realizing the importance of connection, learn how these skills can enhance and bring peace to your life.

Moderated by

Howard Reznick, MSW, LCSW-C

Senior Manager of Prevention & Wellness
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Panelists include

Sharon Burns Carter, CAC

Substance Use Outreach Coordinator
Ruth & Norman Rales Jewish Family Services

Marla Kaufman

Executive Director
Jewish Addiction Awareness Network

Harriet Rossetto, LCSW

Founder and Clinical Director
Beit T'Shuvah & Elaine Breslow Institute

Free and open to the public.

jcsbalt.org/recovery



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